

Foundation Dr. Akbar and Sima Ayas

Emergency Assistance for Afghan Children

After many years of war in Afghanistan, Afghan children were especially affected by the impact of war. Many of them were orphaned and were forced to child labor to feed themselves and their families. In addition, there was homelessness, lack of health care and education.

The foundation “Nothilfe für Afghanische Kinder” (emergency assistance for Afghan children) was founded in 2004 to help these children.

Therefore, the principal objectives of our foundation are:

- enabling of school attendance
- abolition of child labor
- providing basic health care for the children
- setting up sponsorships

Previous projects:

Orphanage in Charikar

A newly built orphanage in the province Charikar which is about 40 miles northern of the capital Kabul could be opened in March 2007. It needed 16 months to be planned and built. The project was financed by own capital and donations, e.g. the architectural planning was performed for free by Dipl. Ing. Heiko Schmidt from Altenkirchen.

Since the opening of the orphanage, 95 children could be accommodated. The orphanage offers homework mentoring and several courses after lunch. Through the financial support of every single child, school attendance in the school which is directly across the orphanage is enabled. Moreover on a monthly basis, the foundation supplies 100 poor families with basic food (flour and cooking oil).

The construction work and the homework monitoring also created new jobs which offered a new perspective to more needy families and their children.

Health care

There still doesn't exist an adequate health care for the population in Afghanistan. During several visits of Afghan hospitals, we identified

several children with good chances of healing – but medical treatment could not be carried out in Afghanistan. Medical treatment abroad for these children was organized and the costs for transport and accommodation were financed by our foundation:

2003: **Samir**, 10 years old, rare disease of a so-called Echinococcus cyst which threatened to break and block almost the entire lung. This difficult operation was successfully accomplished in the Johanniter Hospital Duisburg-Rheinhausen.

2004: **Sarah**, 13 years old, kidney failure. Successful dialysis treatment and afterwards a kidney transplantation in the University Hospital Frankfurt.

Donation: 100.000 Euro (by “Ein Herz für Kinder”, a heart for children)

2004: “the burned **Fardin**”. Heavy burns with therefore massive scarring so that a free movement of shoulder, neck and finger was impossible.

The successful operation was carried out by plastic surgeon Dr. Z. Taufig in Cologne.

2004: **Mostafa**, 11 years old, heavy rheumatic polyarthrititis. Treatment in the Rheuma Hospital, Sendehorst near Muenster.

2005: **Tamana**, 5 years old, anal atresia (no anus but only a sphincter in the genital area). Successful operation in the University Hospital Goettingen.

2007: **Tamana**, 13 years old, suffers from inborn luxation of both hip joints. The successful operation took place in beginning of 2008 at University Hospital Aachen.

Donation by "Ein Herz für Kinder" (a heart for children)

Planned projects:

The planning process to build a day clinic in Charikar has already been completed. Construction shall start after the spring of 2008.

The day clinic will help as much as possible to close the eminent gap of ambulant health care in the provinces.

Furthermore, we plan to build an elementary school in the province Wardak in Day Meidan. Currently, lessons take place in the open.

About our foundation:

Founder members

Sima Ayas, born 1952 in Kabul

Lives in Germany since 1975

Certified nurse and assistant medical technician

Dr. Akbar Ayas, born 1947 in Kabul

Lives in Germany since 1975

Worked until 2004 as resident orthopedic surgeon in Altkirchen

Board member: **Krista Ulmen**, attorney at law

Patron: **Heijo Höfer**, mayor of Altenkirchen

The foundation was founded in 2004 because as emigrated Afghans we wanted to help the people in our home country who need our aid the most: the Afghan children. We have already supported many children through our several projects thanks to volunteers and donations. The orphanage offers space for about 200 children. With more sponsorships, we would be able to accept more children and enable their education.

For our previous work we received the Honorary Medal of the State Rhineland-Palatinate in 2003.

Donation account:

Westerwald Bank Altkirchen

Account number: 172 106 02

Bank code number: 573 918 00

IBAN: DE85 57 39 1800 0017 2106 02

BIC: GENODE51WW1

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